

Project summary

Web-based Alcoholspecific Inhibition Training in Adolescents and Young Adults with Alcohol use disorder

Translational in its approach, this research project combines a multicentric, double-blind pilot RCT with a neuroscientific proof-of-concept study. The pilot RCT investigates the feasibility, acceptability, usability, and preliminary effectiveness of a newly developed alcohol-specific inhibition training, which is administered as a web-based component in a blended treatment setting in a sample of young patients with alcohol use disorder. The embedded neuroscientific proof-of-concept study focuses on the working mechanism of this intervention and uses event-related potentials to trace its effects on the neuronal correlates of inhibition.

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